STATEMENT OF ACCREDITATION
This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Wisconsin Medical Society through the joint providership of Aspirus Wausau Hospital and Wisconsin Valley Athletic Medicine. Aspirus Wausau Hospital is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
Aspirus Wausau Hospital designates this live educational activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

BOARD OF CERTIFICATION
Wisconsin Valley Athletic Medicine (BOC AP#: P3509) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 6.5 Category A hours/CEUs. Athletic Trainers should claim only those hours actually spent in the educational program.

WISCONSIN PHYSICAL THERAPY ASSOCIATION
This program has been submitted for 6.5 Continuing Education Units through WPTA.

FACULTY DISCLOSURE
In accordance with the Standards of the Wisconsin Medical Society, the faculty, authors, planners, and other persons who may influence content of this CME activity are required to disclose financial relationships with any commercial interest(s) related to the subject matter of this activity. Such disclosures will be made available on the day of the activity so that participants may formulate their own judgments regarding the presentation.

DIRECTIONS
Westwood Conference Center
1800 Westwood Center Blvd., Wausau, WI 54401

WVAM does not discriminate on the basis of race, color, national origin, religion, sex, disability, sexual orientation or age. WVAM is committed to accessibility and non-discrimination in all aspects of its CE activities. Participants who have special needs are encouraged to contact Ann Pachniak at 715-432-6462 so that all reasonable efforts to accommodate these needs can be made.

The temperature in large meeting rooms is difficult to regulate. Please dress accordingly.

In the event of an emergency, you can be reached at 715-847-9436.

CANCELLATIONS
Contact Ann Pachniak at 715-432-6462 or wvam@bonejoint.net with cancellations. Full refunds will be given for cancellations received by January 19, 2019. Cancellations received after January 19, 2019 will be handled on a case-by-case basis.
AGENDA & FACULTY

8:00 a.m. – Registration, Displays & Continental Breakfast

8:25 a.m. – Welcome & Introductions
Pam Warren, MS, LAT – Sport & Spine, Rib Mountain

8:30 a.m. – CDC Concussion Recommendations & Ivy League Kickoff Rule Change
James Messerly, DO – Primary Care and Sports Medicine Physician at the Bone & Joint Center. Dr. Messerly completed a Primary Care Sports Medicine Fellowship at Andrews Sports Medicine and Orthopaedics, Birmingham, AL.

8:45 a.m. – Dr. Messerly Panel Q & A Session

9:00 a.m. – Basics of Sports Nutrition / Hydration
Jessica Juntunen, MD - Primary Care & Sports Medicine Physician at the Bone & Joint Center. Dr. Juntunen completed a Primary Care Sports Medicine Fellowship at Andrews Sports Medicine and Orthopaedics, Birmingham, AL.

9:45 a.m. – Treatment of Proximal Humerus & Clavicle Fractures
C. Kevin Martin, PA-C - Physician Assistant at the Bone & Joint Center. Mr. Martin specializes in sports-related injuries & general orthopaedics.

10:45 a.m. – Panel Q & A Session
Featuring C. Kevin Martin, PA-C & Jeremy Sherman, PT.

11:00 a.m. – Break & Displays

11:30 a.m. – Lisfranc Injuries & Management
Thomas Staysniak, DPM – Podiatric Surgeon at the Bone & Joint Center. Dr. Staysniak completed his residency in Podiatric Surgery at the Illinois Masonic Medical Center, Chicago, Illinois.

12:00 p.m. – Pearls for Foot Injury Rehabilitation & Return to Play
DeDe Strama, PT – Physical Therapist at Aspirus Therapy & Fitness, Medford
Kate Lutz, DPT – Physical Therapist at Aspirus Therapy & Fitness, Medford

12:30 p.m. – Panel Q & A Session
Featuring Dr. Staysniak, DeDe Strama, PT & Kate Lutz, DPT.

12:45 p.m. – Lunch & Displays

1:30 p.m. – The Sports Medicine Team: Communication & Return to Play Protocols
Brett Schulz, LAT, CMMSS – Licensed Athletic Trainer at Sport & Spine, Weston/Schofield.

2:00 p.m. – 10 Sports Injuries Not to Miss
Jessica Juntunen, MD – Primary Care & Sports Medicine Physician at the Bone & Joint Center.

2:30 p.m. – Panel Q & A Session
Featuring Dr. Juntunen & Brett Schulz, LAT, CMMSS

2:45 p.m. – Break & Displays

3:00 p.m. – Current Trends in Cartilage Restoration Techniques
Eric Thiel, MD – Orthopaedic Surgeon at the Bone & Joint Center. Dr. Thiel completed a Sports Medicine/Adult Reconstruction Fellowship at the Cleveland Clinic Foundation, Weston, FL.

3:30 p.m. – Panel Q & A Session
Featuring Dr. Thiel

3:45 p.m. – Keeping the “Bugs” Out of Sports
Larry Gordon, DO – Internal Medicine/Pediatrics Physician at Aspirus Weston Clinic. Dr. Gordon completed an internal medicine and pediatrics residency at the University of Illinois College of Medicine/OSF St. Francis Medical Center & The Children’s Hospital of Illinois, Peoria, IL.

4:15 p.m. – Case Studies: Low Back Pain in the Athlete
James Messerly, DO – Orthopaedic Primary Care & Sports Medicine Physician at the Bone & Joint Center.

4:45 p.m. – Panel Q & A Session
Featuring Dr. Gordon & Dr. Messerly

OBJECTIVES
- Formulate an appropriate treatment and rehabilitation plan in the management of foot injuries, proximal humerus and clavicle fractures.
- Integrate preventative measures for the management of infectious diseases common in sports.
- Gain confidence in recognizing & diagnosing critical sports-related injuries.

AUDIENCE
This program is intended for: Primary Care Physicians & Residents, Physician Assistants, Nurse Practitioners, Physical Therapists, Athletic Trainers, Orthopaedic Nurses.

EXHIBITORS
Full disclosure of all exhibit table vendors will be provided in the handout materials at the conference.
Jointly provided by Aspirus Wausau Hospital and Wisconsin Valley Athletic Medicine.

Presentation handouts may be downloaded online at www.bonejoint.net/WVAM after 1/18/2019.
Hard copies will not be provided at the symposium.

REGISTRATION
Registration preferred by Jan. 18, 2019.
If necessary, will accept registrations after this date with cancellations being handled on a case-by-case basis. Contact Ann Pachniak (715-432-6462) if questions.

Name & Title (as you would like them to appear on your attendance certificate):

Clinic/Practice Name: ____________________________
Address: _______________________________________
City, State, Zip: _________________________________
Email Address: _________________________________
Telephone: _________________________________

Please note any special accommodation or dietary needs:

Registration Fee: $150
$75 UW Residents

Return check (made payable to Wisconsin Valley Athletic Medicine or WVAM) and this form by Jan. 18, 2019 to:

ANN PACHNIAK, LAT
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