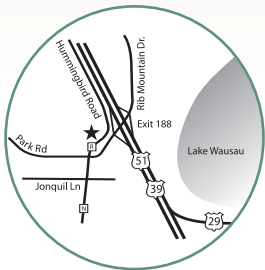


Surgery Center  
**Patient Information**



Wausau Bone & Joint  
Musculoskeletal & Surgery Center  
5200 Hummingbird Road, Suite 100  
Wausau, WI 54401  
715.359.6442 / 800.445.6442

**BONE & JOINT**  
*Surgery Center*

[www.bonejoint.net](http://www.bonejoint.net) / 800.445.6442

**BONE & JOINT**  
*Surgery Center*

## Welcome

The Bone & Joint Musculoskeletal and Surgery Center has one of the newest, most modern facilities in the region with easy access and plenty of parking. You won't have to worry about a complicated maze of buildings and parking lots to navigate through.

This facility was thoroughly and purposefully planned with one objective: To provide health care consumers in the region with the absolute best possible experience during orthopaedic, spine and pain management clinic visits and same day orthopaedic surgical procedures—with an unsurpassed quality of care.

At the Bone & Joint Musculoskeletal and Surgery Center you will find some of the most respected surgeons, physicians, and staff in the region. We offer state-of-the-art equipment and perform some of the very latest orthopaedic, spine, and pain management procedures. All of our physicians are board certified or board eligible, with training and skills which are second to none in the practice of orthopaedics, spine and pain management. It is our goal to be sure that your time with us will be comfortable and worry free, and that you will be treated with dignity and respect.

The Bone & Joint Surgery Center has many distinguishing features, including:

- Full range of orthopaedic and musculoskeletal services and the availability of backup emergency services.
- A dedicated team of professionals who are experienced in the latest advances in ambulatory surgical care.
- Wireless Internet access for families in the waiting room, complimentary snacks and refreshments, and free parking.
- AAAHC accredited and Medicare certified.

## Preparing for Surgery

The particular types of same day surgery (also known as “outpatient” or “ambulatory” surgery) and procedures involved at our center require more care than is usually available in a doctor’s office or clinic setting, but which do not require an overnight hospital stay.

The Bone & Joint Surgery Center offers a new level of convenience and comfort in orthopaedic surgery and pain management procedures. During your brief stay with us you will find the highest quality of care provided by concerned, expertly trained staff.

You will also find warm, friendly surroundings, easy access, ample parking and a degree of personal attention unlike that available in a hospital environment. We encourage questions during your stay so that we can put you at ease about your procedure and aid you in a complete recovery.

Although your recovery will begin at the Bone & Joint Surgery Center, it will truly take place at home, with the security of family and friends. Thank you for choosing the Bone & Joint Surgery Center. Thank you for entrusting us in your care.

## Before you Arrive

After your physician has scheduled a time and date for your surgery or procedure, **a member of our staff will contact you.** **During this pre-admission interview, you will be given a list of instructions to follow to ensure a safe surgery/procedure and recovery.** You will also need to answer questions regarding your medical history. We encourage you to ask any questions you may have about your surgery. It is our goal to make your surgical experience as pleasant as possible.

Our surgery center has state-of-the-art equipment and has been designed especially to care for the orthopaedic surgical patient. This enables us to provide the maximum levels of care and service from the moment you walk into our facility until the time you leave for home following your surgery, and into your post-operative clinic visits.

**Depending on your insurance provider, our Patient Accounts Coordinator may also call you to arrange for payment of any deductible, co-insurance or co-payment.**

## One Week Prior to Surgery

Stop taking any herbal medications and diet drugs one week prior to surgery.

## Two Days Prior to Surgery

If you have not received a call or spoken with one of our pre-op nurses from the Bone & Joint Surgery Center, please call us at **715.359.6442** or **800.445.6442** between the hours of 9 a.m. and 5 p.m., Monday through Friday.

## One Day Prior to Surgery

- Smokers should not smoke for 24-48 hours prior to surgery to enhance breathing.
- Do not use alcohol 24 hours prior to your procedure.
- If you take daily medication, check with our pre-op nurse or your surgeon about the medications you should or should not take prior to your surgical procedure.
- The night before, eat a light meal before 11 p.m.

In order to avoid canceling your surgical procedure we ask that you:

- **Do not eat or drink anything after midnight, including water, chewing gum, chewing tobacco, mints, or hard candy.** Our pre-op nurses will give you specific instructions on eating and drinking based on your scheduled time of surgery. Please do not take any medication after midnight unless instructed by your physician or our office. If you are diabetic or are on blood pressure medication, obtain specific instructions from your physician or call the Bone & Joint Surgery Center during normal business hours between 8 a.m. and 5 p.m.
- You may brush your teeth, remembering not to swallow anything.

## The Day of Surgery

The physicians and staff of Bone & Joint welcome you as a patient and your family members and friends as our guests. We assure you that the care you will receive is of the highest quality. To make your surgical experience safe and successful, please follow the guidelines below:

- Please follow all instructions given by your physician and/or the clinical staff at our center.
- To help reduce the possibility of infection we ask that you bathe or shower with an anti-bacterial soap prior to your arrival.
- On the day of your surgery, please arrive at the time instructed by your pre-op nurse.
- Please enter in the upper level, through the surgery center entrance. Check in at the surgery center registration desk.
- One of our staff will accompany you to the pre-operative area and begin preparing you for surgery.
- Wear clothing that is easy to take off and put on. If you are having shoulder surgery, please wear a very large front-buttoned shirt. If you are having knee or hip surgery, please bring shorts or very, very large wide-legged pants or sweat pants.
- Leave all jewelry, body piercings and valuables at home.
- Do not wear nail polish (including toe nails), perfume, perfumed lotions, or makeup.
- If you have any signs of infection, fever, skin rash, cold, or sore throat, notify your surgeon prior to coming to the surgery center.
- Please bring your photo ID, insurance card and any co-pay/deductible that applies.
- If you wear contact lenses, please bring a storage case and solution for them while you are in surgery.

- If you wear dentures or have removable bridgework, they may be removed before surgery.
- Do not arrive alone. You will need a responsible friend or family member to drive you home after surgery.
- Please have no more than two adults accompanying you.
- Because it is normal to feel dizzy and a little sleepy after surgery, do not drive, sign important papers or make any significant decisions for **24 hours** following your procedure.
- Children must have a parent or legal guardian that remains in the surgery center until the child is discharged.

### What You Should Know About Your Anesthesia

Anesthesia is a critical part of any surgical procedure. All of our anesthesiologists are board-certified physicians who have been thoroughly trained in the field of anesthesiology. Your anesthetic will be determined by the anesthesiologist in conjunction with you and your surgeon. Your anesthesiologist will visit with you before your surgery to discuss your anesthetic and answer any questions you may have.

### After Surgery

After leaving the operating room you will be taken to the Post Anesthesia Care Unit (PACU). During recovery, you will be cared for by Registered Nurses. Recovery times vary, but most stays are two to four hours.

You will be asked to assess your pain levels on a scale of 0-10. Zero will be no pain, five will be tolerable pain, and ten will be the worst pain you can imagine. This scale will assist us in managing your post-operative pain.

Please keep in mind that this is an outpatient facility and as a patient you will be having a shorter stay as compared to a hospital inpatient facility. **You may be very sleepy when you are discharged home.**

This is why a responsible adult needs to drive you home and stay with you for the first twenty-four (24) hours following your surgery. Your discharge instructions will be reviewed with you and given to the person you have named as your responsible party. It is not unusual to feel drowsy and a little dizzy for several hours after anesthesia, so rest and allow healing to begin.

You may return to your normal diet by starting with liquids and progressing to a normal diet as tolerated.

On the next business day following your surgery, one of our Surgery Center Registered Nurses will call you to make sure that you are doing well and answer any questions you may have about your recuperation. Please do not hesitate to call your surgeon, your hospital emergency department, or 911 at any time if you think the situation is an emergency.

Your first post-operative visit with your surgeon will be included in your discharge instructions.

## Care of Children

We encourage parents to discuss the surgery with your child before-hand to help alleviate unnecessary stress. Please do not hesitate to call us with any special concerns you have regarding your child.

We recognize that a parent's presence can provide a great source of comfort. We encourage parents to stay with their child in the pre-operative area and in the recovery room as soon as possible following surgery. If desired, we can arrange for a tour of the surgery center for you and your child prior to the day of surgery. Please call for an appointment.

- Bring your child in loose-fitting pajamas (preferably two-pieced) or loose clothing.
- Bring a favorite blanket or a small toy and a bottle and diapers if appropriate.
- Please leave other children at home so you may give your full attention to your child having surgery.
- Your child **MUST** have an appropriate car seat for safety at discharge.
- Children must have a parent or legal guardian that remains in the surgery center until the child is discharged

## Special Tips

- If there is a possibility that you may be pregnant, please notify your surgeon.
- Admission to the hospital may be a possibility if your physician so decides.

- Please have no more than two adults accompanying you.
- You may receive a patient satisfaction survey before you leave the surgery center or at your post-operative visit. We sincerely value your input and appreciate any feedback that will allow us to improve our services.
- Any patient concerns or complaints may be directed to the Surgery Center Nurse Manager at **715.359.6442** or **800.445.6442**.

For further information or instructions you may contact the pre-op nurses at **715.359.6442** or **800.445.6442**, or you may leave a message with our call center operator with a number where you can be contacted.

## Financial Arrangements

Bone & Joint Surgery Center fees will vary according to the type of procedure you have done. For your convenience, we will submit all insurance claim forms for covered procedures. Please be sure to your insurance cards and forms the day of surgery.

Co-payments and deductibles, **if required by your insurance company, are due the day of your procedure.** You are responsible for all non-covered charges. Full payment is required upon receipt of our billing statement. VISA™, MasterCard™, American Express™, Discover™, personal checks and cash are accepted.

Uninsured and/or cash patients will be asked to pay for services on or before the day of surgery with an approved credit card or cashier's check, unless other arrangements are made in advance.

You will be billed separately by your surgeon, the surgery center, and the anesthesiologist. You may also be billed separately for any laboratory and/or pathology services provided during your stay at the surgery center.

You may call our billing office at **715.359.6442** or **800.445.6442** if you have any questions. Our billing department office hours are from 8 a.m. to 5 p.m., Monday through Friday.

The Bone & Joint Surgery center recognizes its obligation to remain flexible in financial matters. In the event that any of the above conditions cannot be met, we will work with you to explore other financial arrangements.

## Important Items

- Diet restrictions must be followed as instructed by the pre-operative nurse.
- Bring your insurance card(s) and a form of photo identification (driver's license) with you.
- If you have not spoken with a Bone & Joint pre-operative nurse in the week prior to surgery, please call us at **715.359.6442** or **800.445.6442**.
- Bring any assistive devices prescribed by your surgeon such as crutches, splints, walkers, home cold therapy units, etc.

## Directions

**Wausau Bone & Joint  
Musculoskeletal & Surgery Center  
5200 Hummingbird Road  
Wausau, WI 54401  
715.359.6442  
800.445.6442**

### Traveling from the North

Start on Highway US-51/I-39 South  
Merge onto Rib Mountain Drive/County Road N West, via Exit 188  
Turn right onto Hummingbird Road/County Road R North

### Traveling from the South

Start on Highway US-51/I-39 North  
Take the County Road N East/County Road N West, via Exit 188  
Turn left onto Rib Mountain Drive/County Road N West  
Turn right onto Hummingbird Road/County Road R North

### Traveling from the East

Start on Wisconsin State Highway 29 West  
Merge onto US-51 North via Exit 170 toward Wausau/Chippewa Falls  
Take County Road N East/County Road N West, Exit 188  
Turn left onto Rib Mountain Drive/County Road N West  
Turn right onto Hummingbird Road/County Road R North

### Traveling from the West

Start on Wisconsin State Highway 29 East  
Merge onto US-51 South/Wisconsin 29 East toward Green Bay/Stevens Point  
Merge onto Rib Mountain Drive/County Road N West via Exit 188  
Turn right onto Hummingbird Road/County Road R North

**Surgery Date:** \_\_\_\_\_

**Surgeon:** \_\_\_\_\_

**Primary Care Physician/Provider:** \_\_\_\_\_

**My Pre-Operative Nurse:** \_\_\_\_\_

**Surgery Time:** \_\_\_\_\_

**Arrive at the Bone & Joint Surgery Center at:** \_\_\_\_\_

**My Questions:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### **Disclosure of Financial Interest in Health Care Facility**

Your surgery has been scheduled at the Bone & Joint Surgery Center, an ambulatory surgery center, which is located at 5200 Hummingbird Road, Wausau, Wisconsin 54401.

The Bone & Joint Surgery Center is specifically designed to accommodate surgical procedures which do not require the extensive facilities of a hospital operating room and for procedures which permit the patient to return home the same day. As a result, the utilization of the Bone & Joint Surgery Center is more economical than the utilization of a conventional hospital operating room, and is therefore recognized as an effective means of controlling the cost of providing medical services.

You are assured that the Bone & Joint Surgery Center is equipped with high-tech equipment and highly skilled professionals trained to provide medical care comparable to that received in an acute care hospital.

The Bone & Joint Surgery Center is owned by the physician partners of Bone & Joint Clinic, S.C. Therefore, your surgeon may have a vested interest in the operation of the surgery center. The disclosure of your surgeon's ownership in the Bone & Joint Surgery Center is not required by law, but is made for the purpose of you of the circumstances regarding the operation and ownership of the Bone & Joint Surgery Center. Should you have any questions or concerns regarding the surgery center, please feel to contact us at 715.359.6442 or 800.445.6442.